http://www.army.mil/article/72872

90.1%

96.8%

$315M

$50M

Are we good enough?

21,460

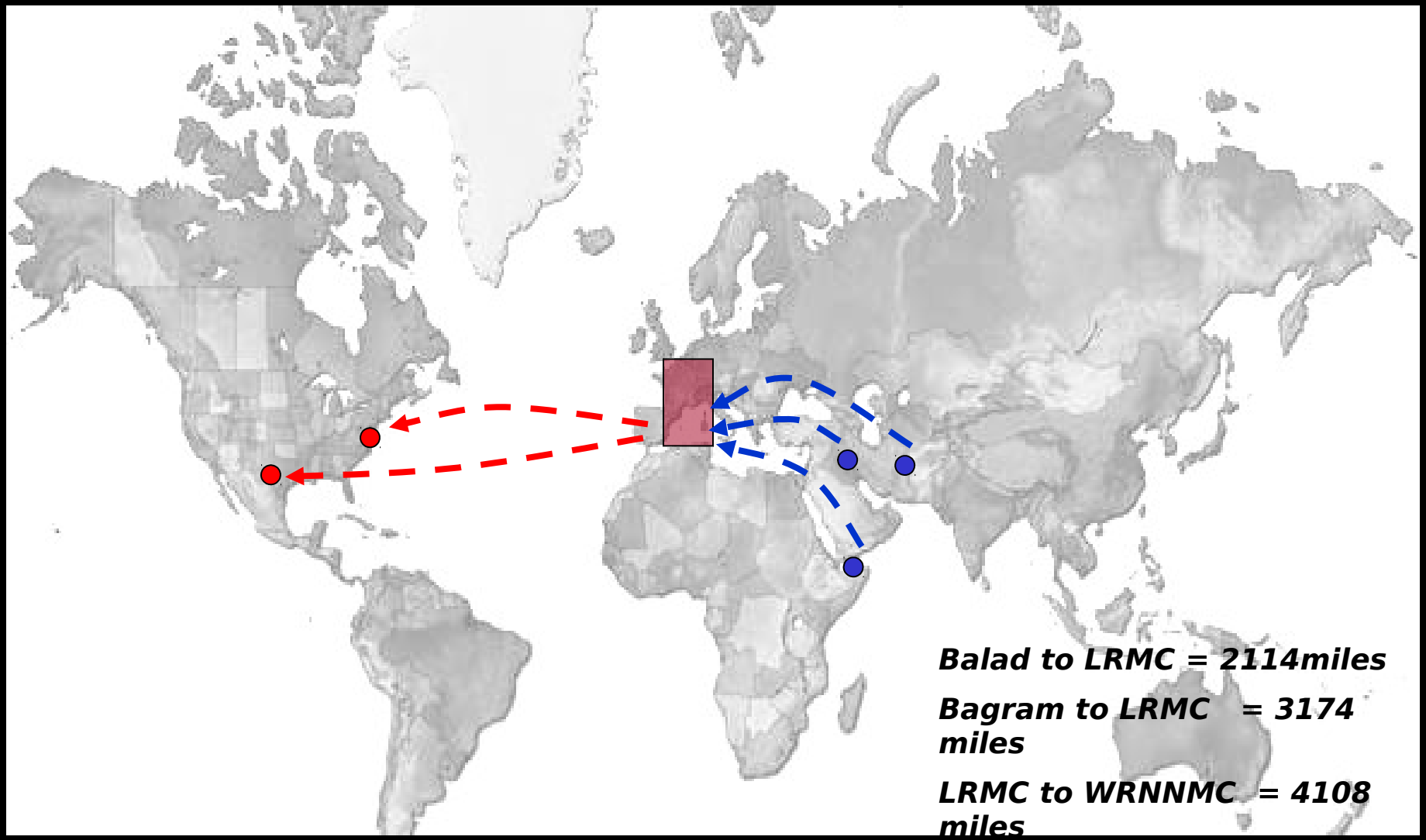
2,290

278

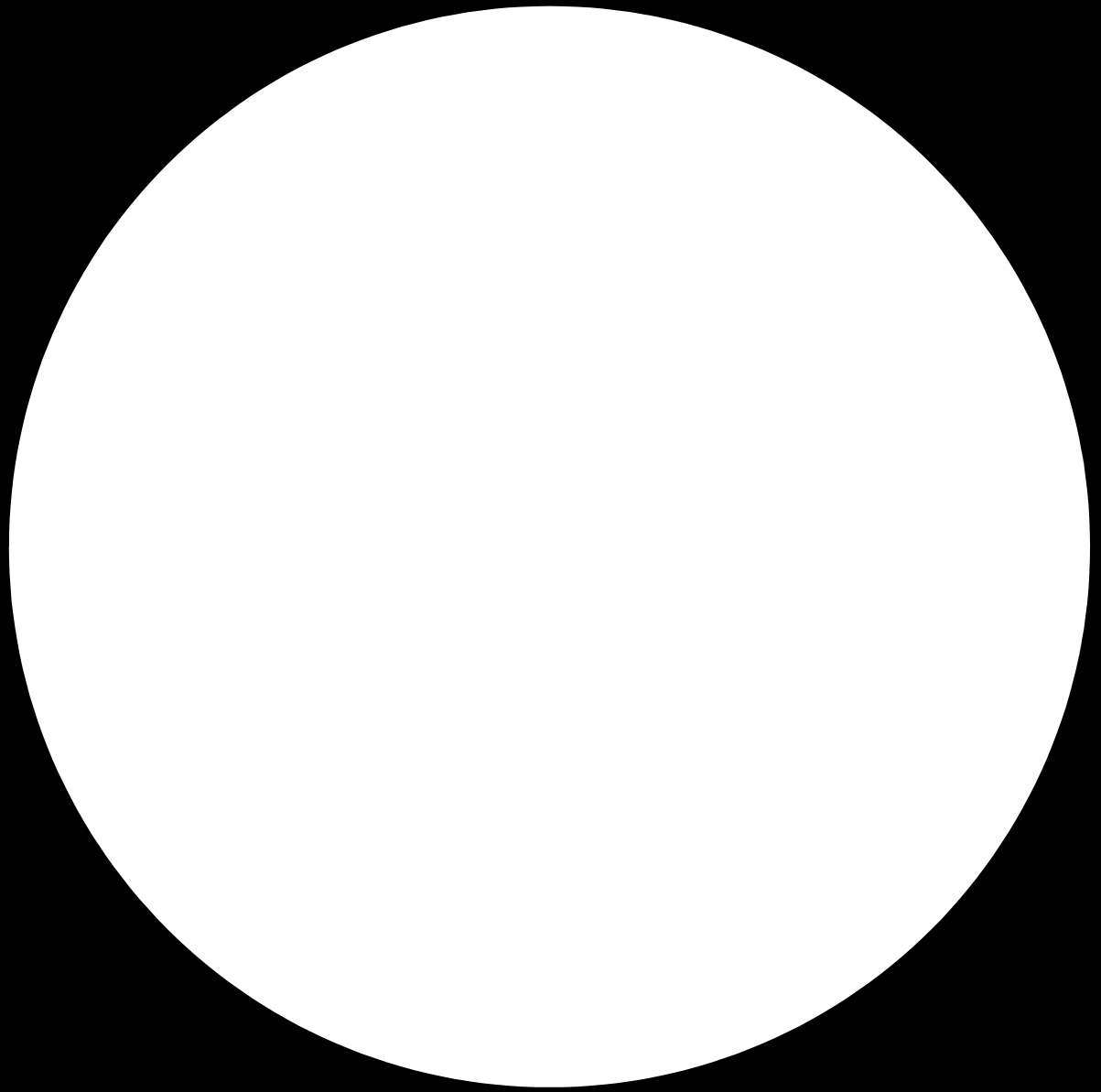
1

Are we good enough?

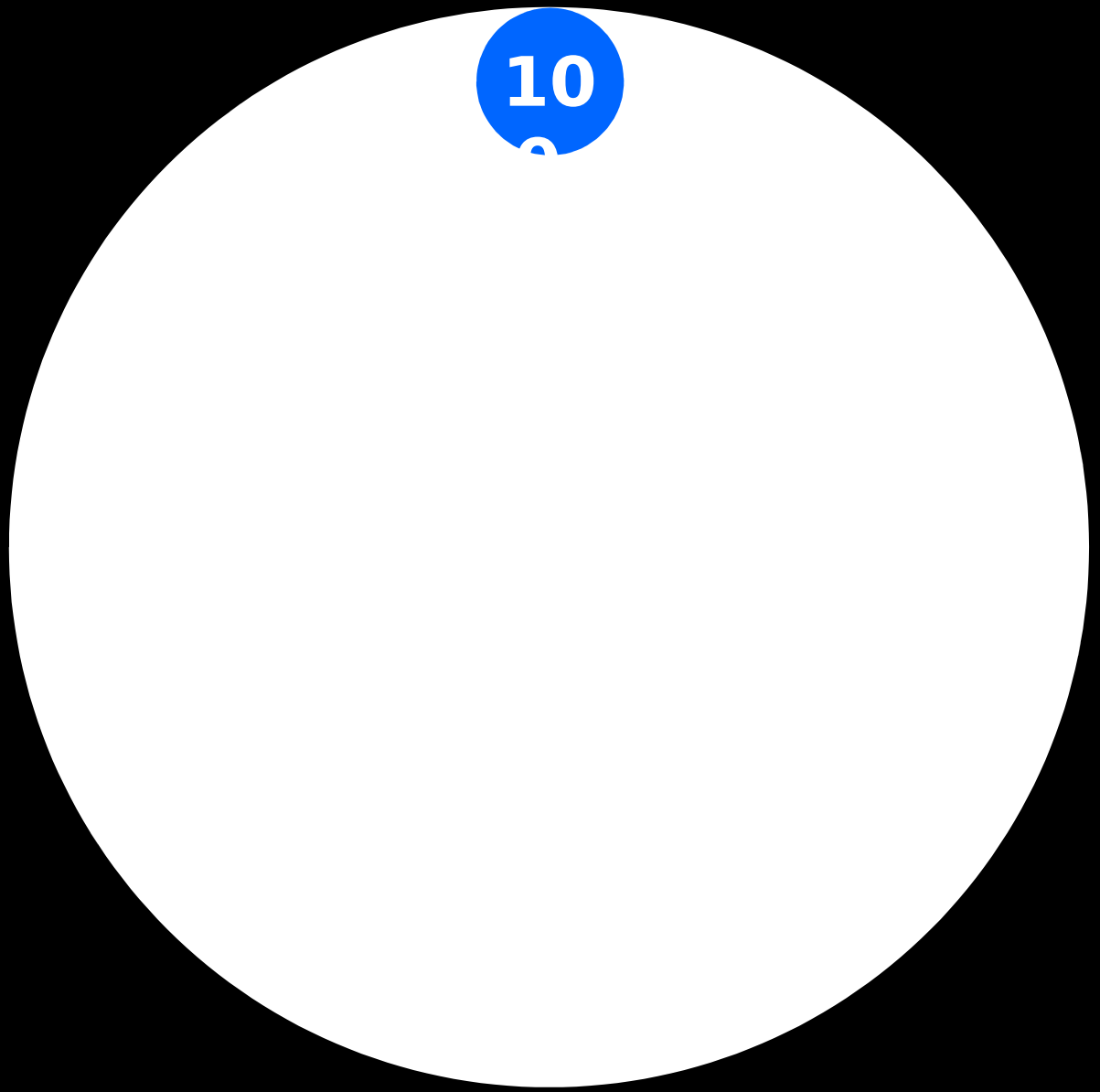
We can be better


Balad to LRMC = 2114miles
Bagram to LRMC = 3174 miles
LRMC to WRNNMC = 4108 miles

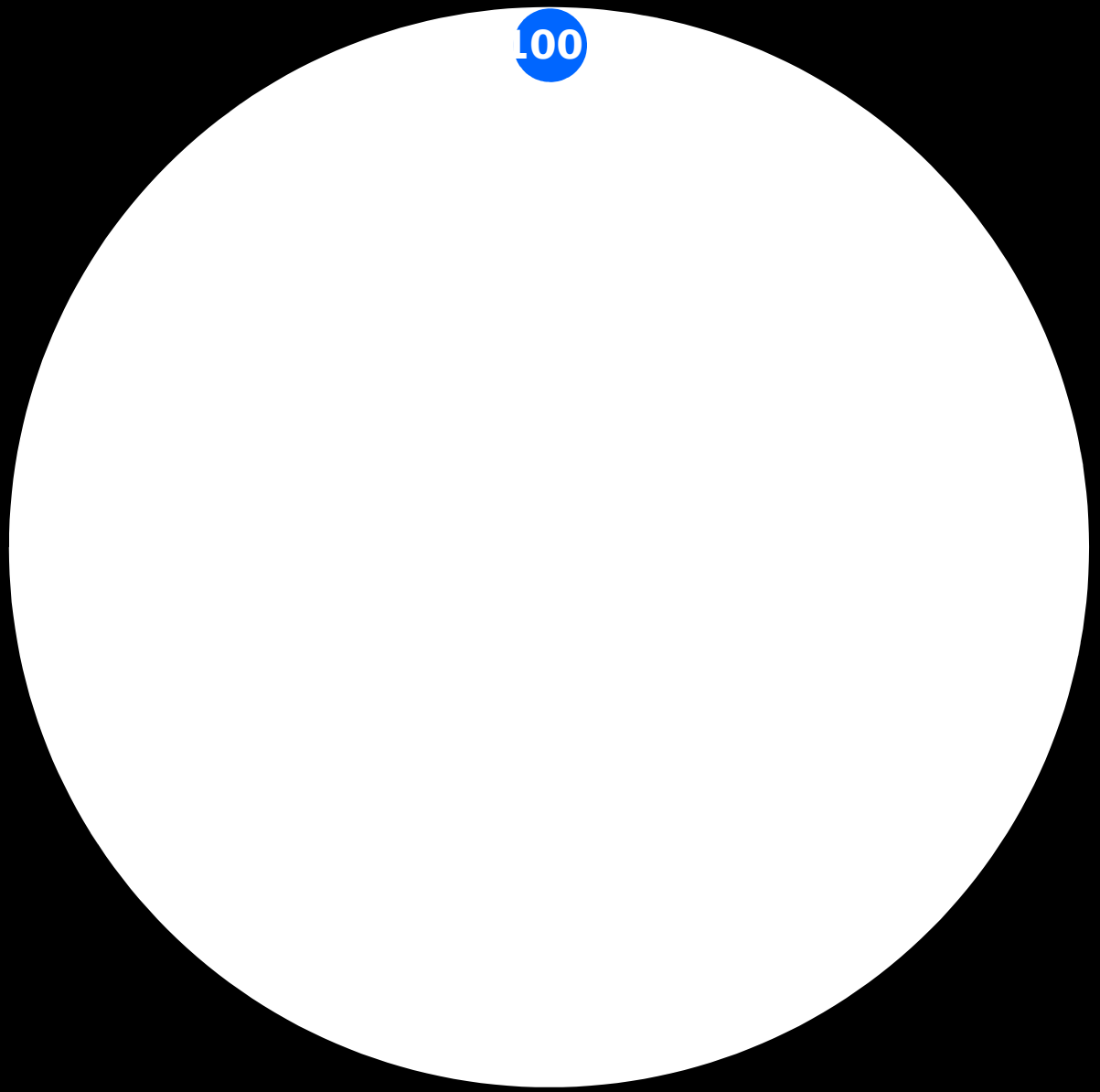
100
minutes



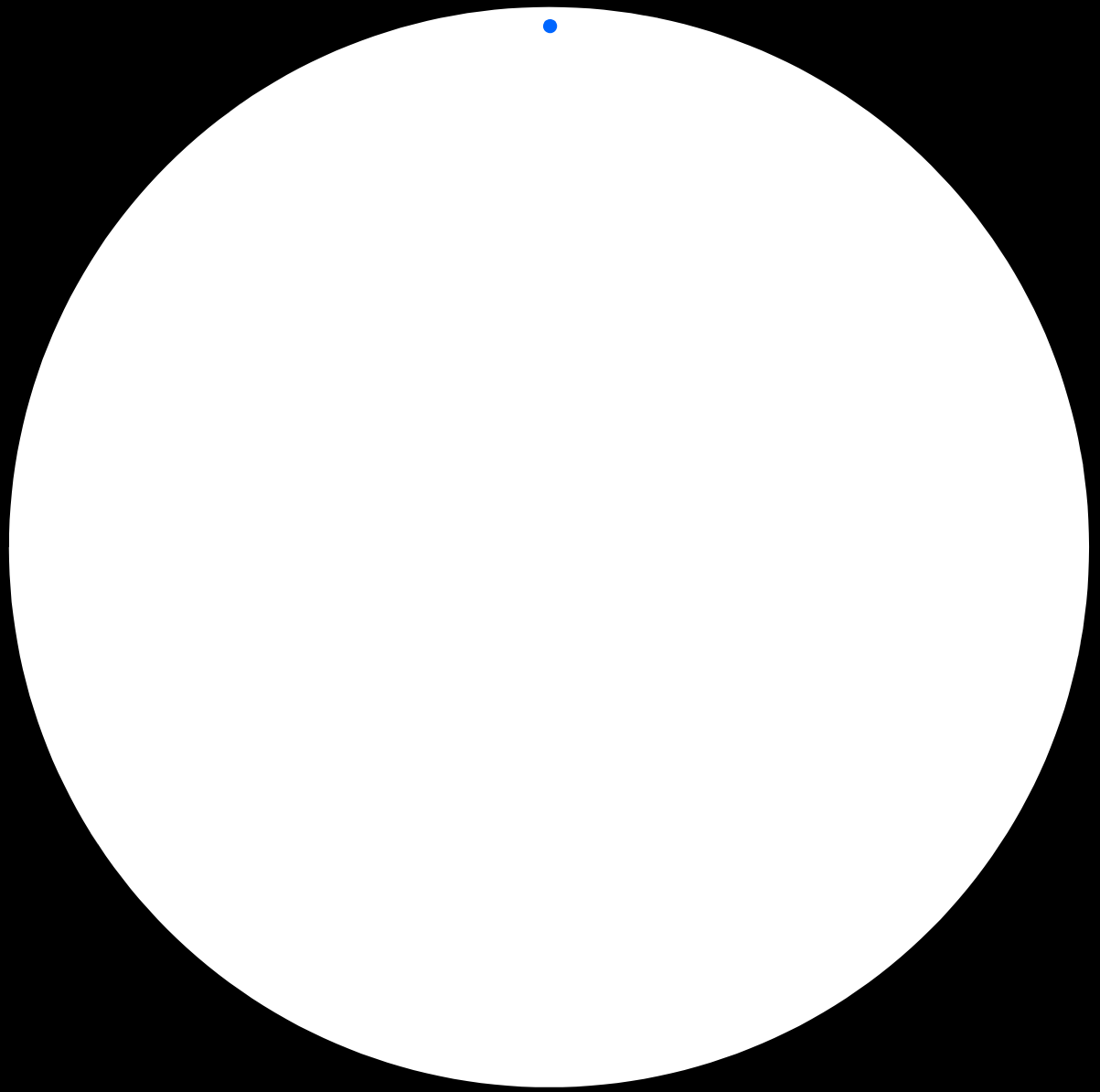
525,600

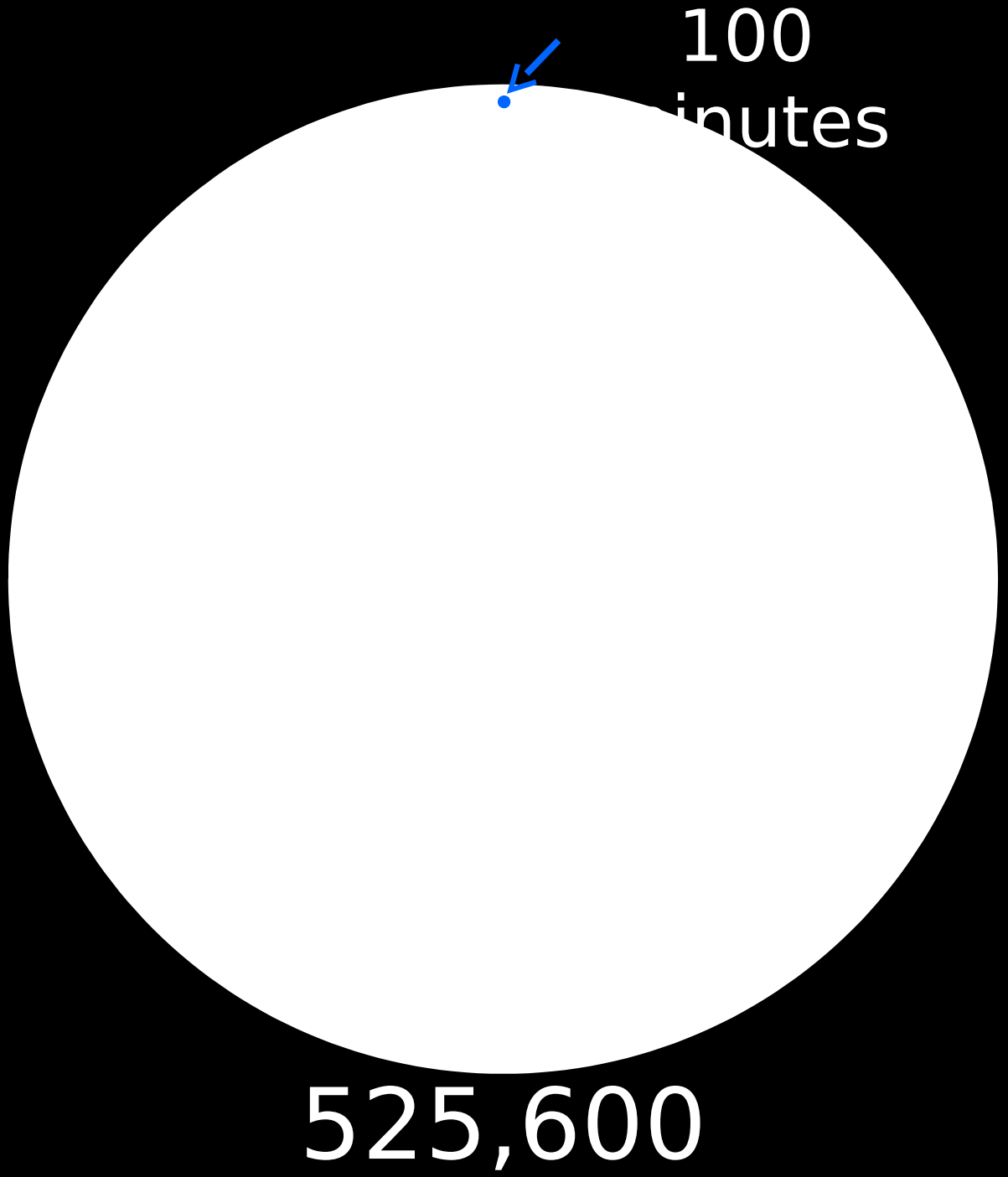


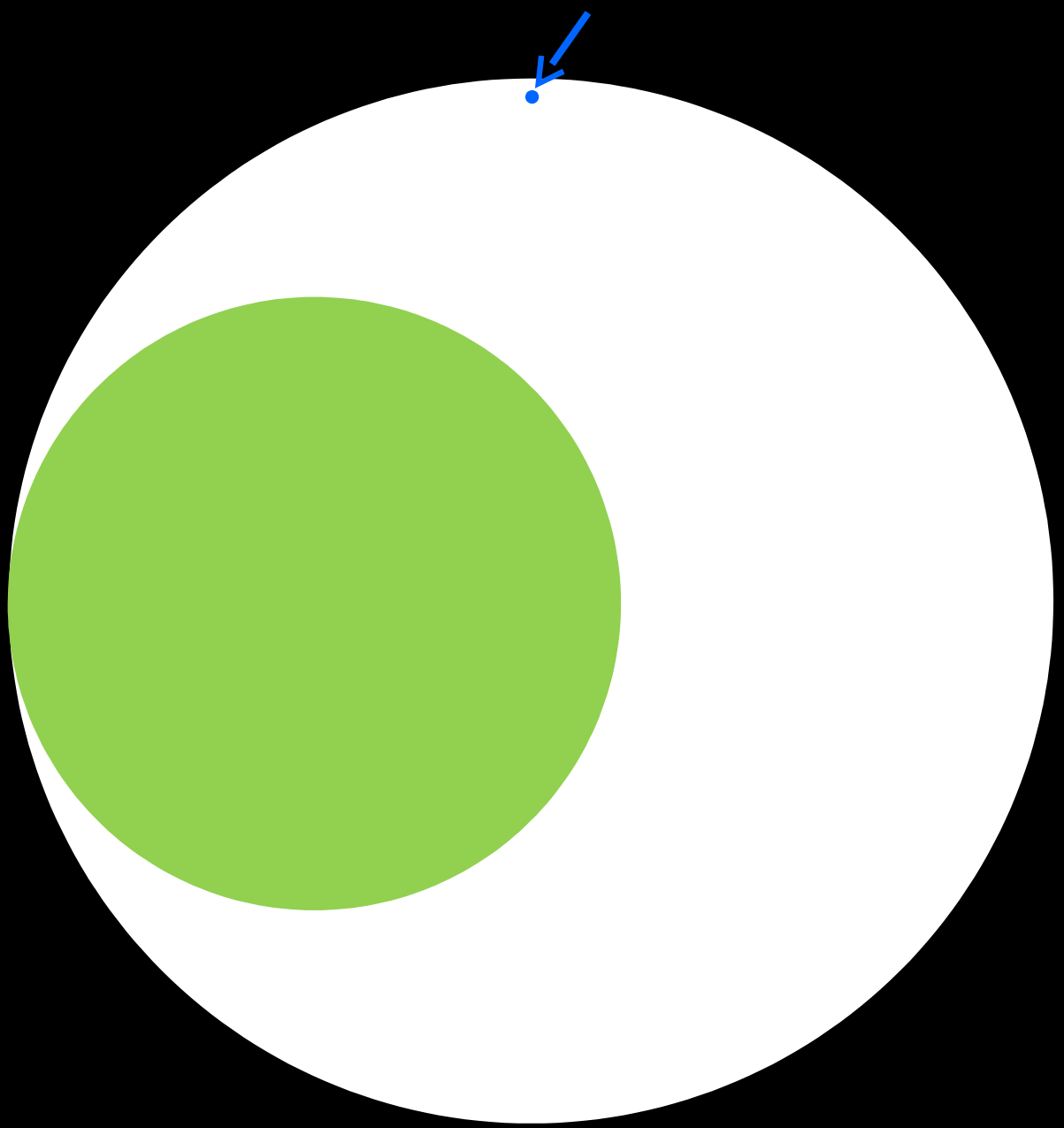
525,600

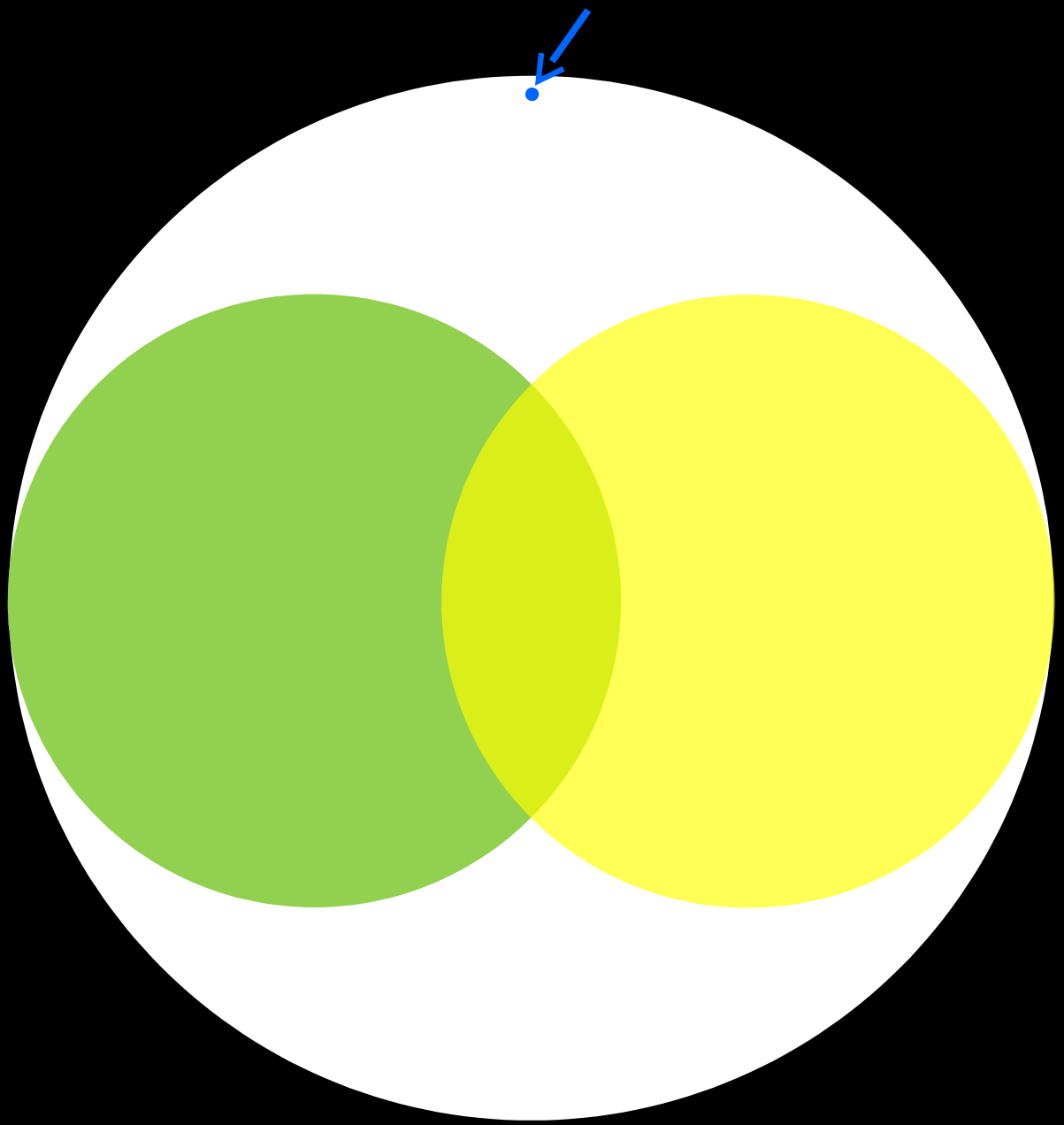


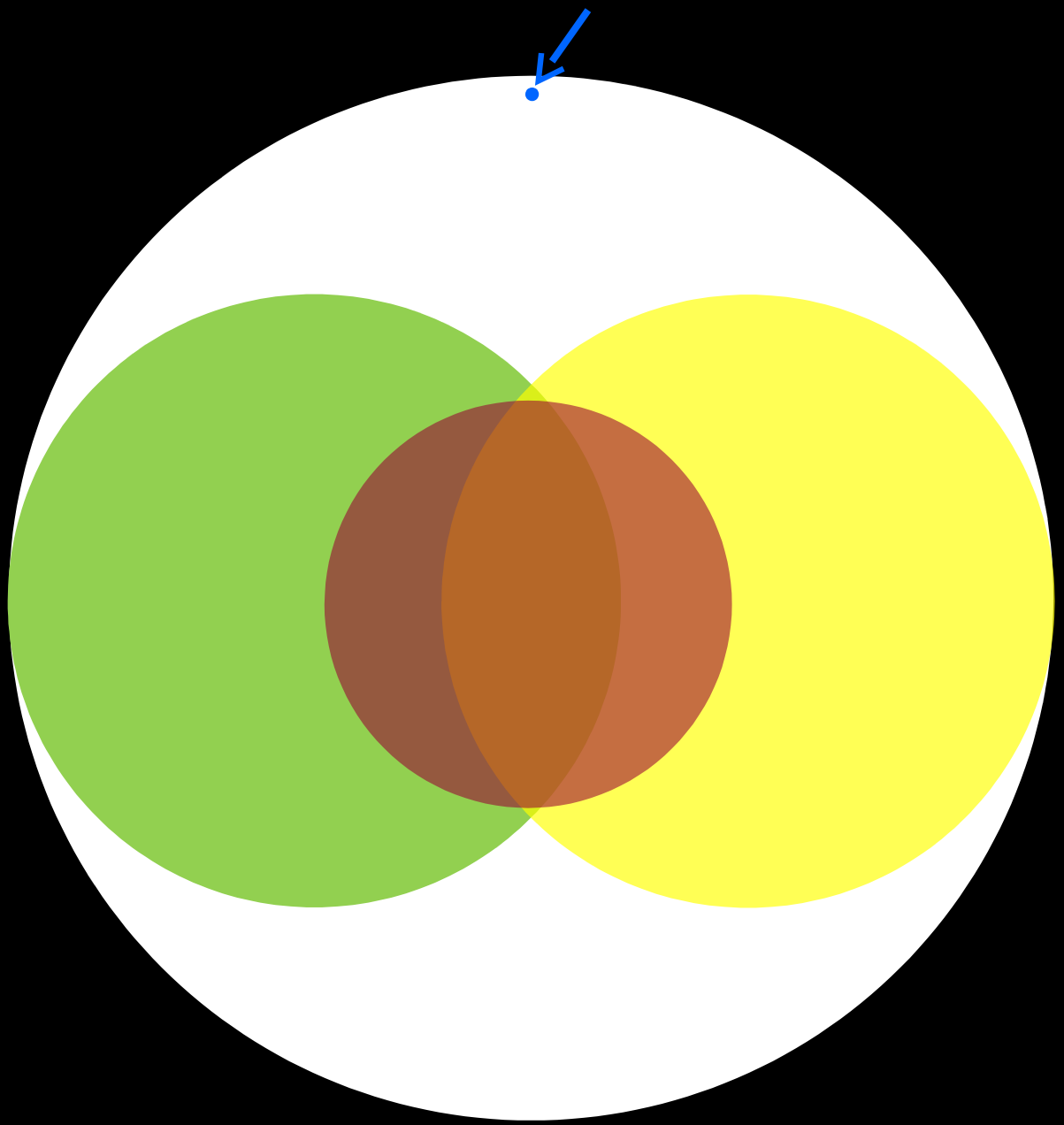
525,600


525,600


100
inutes
525,600

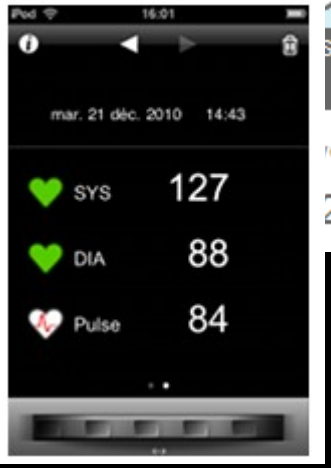




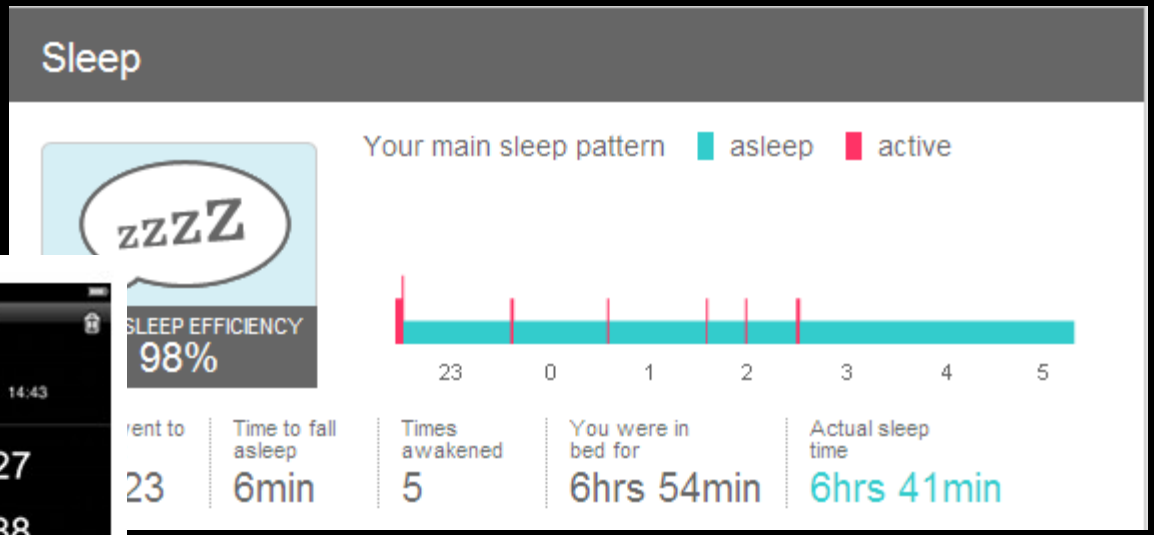


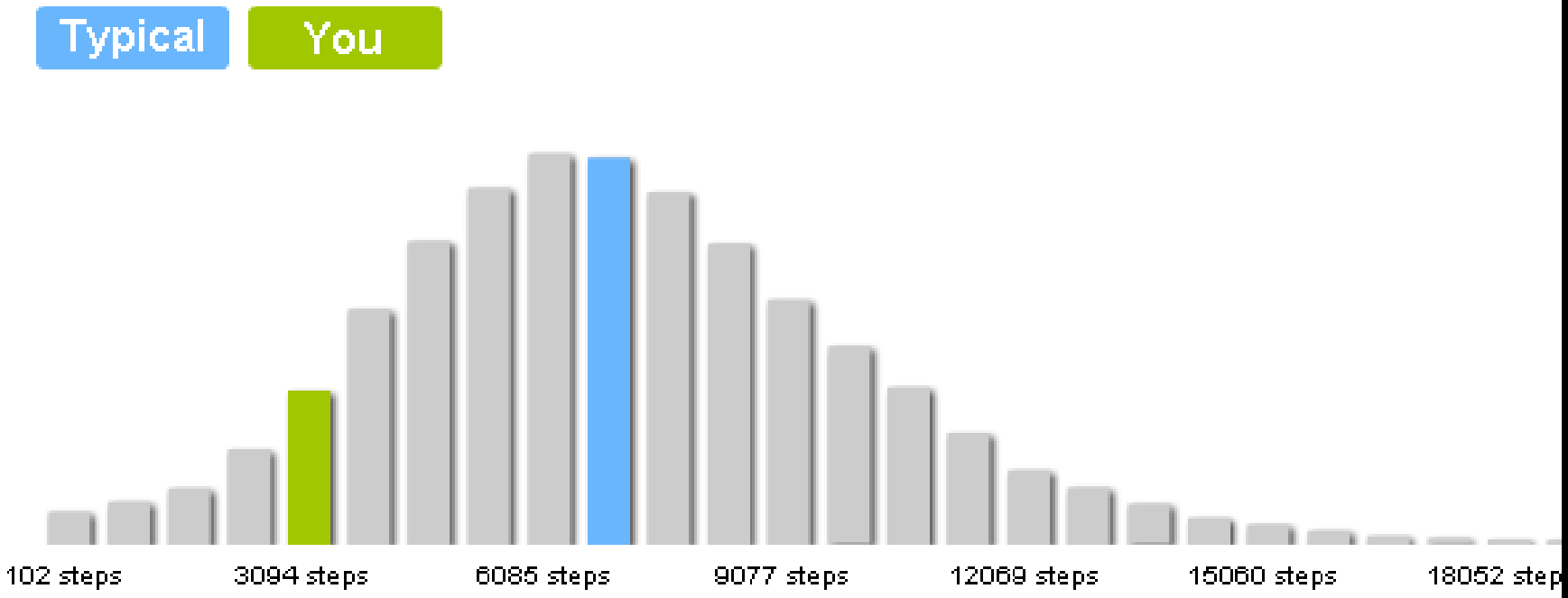
We can be better

On your iPhone, Android
iPad, iPad2
And your computer


iPod
16:01
mar. 21 déc. 2010 14:43
SYS 127
DIA 88
Pulse 84

PTSD Coach Mobile App is a winner of the
2011 Federal Communications Commission
Chairman's Awards for Advancement in Accessibility
A cooperative development
of the Department of Defense
and Veterans Administration.


Sleep
zzzZ
SLEEP EFFICIENCY
98%
Your main sleep pattern
asleep
active
23
0
1
2
3
4
5
Time to fall asleep
6min
Times awakened
5
You were in bed for
6hrs 54min
Actual sleep time
6hrs 41min



This week you walked

3099 steps

that's **54%** less than the median for men and women

You are in the

8th percentile

of all men and women

ARMY MEDICINE

Serving To Heal...Honored To Serve